

Stay Well

Respiratory infections including COVID-19 can spread more in indoor spaces, so it's important to continue doing the things that help keep us all well.



The Scottish Government

We are a Stay Well Signage partner.



For more information please go to:
www.gov.scot/signage-scheme

Stay Well

Respiratory infections including COVID-19 can spread more in indoor spaces, so it's important to continue doing the things that help keep us all well.

Self-Assessment Check-List

- ✓ We have an enhanced [cleaning routine](#) in place, and practice and facilitate good hand hygiene
- ✓ We have measures to maximise [ventilation](#):
 - ✓ We regularly let fresh, clean air into our building(s)
 - ✓ We operate a mechanical ventilation system
 - ✓ We monitor the air quality using a device such as a CO2 monitor
 - ✓ We monitor the occupancy level of spaces
 - ✓ We air out rooms between users or regularly throughout the day
 - ✓ We use air cleaning devices
 - ✓ We encourage the use of outdoor spaces where possible
- ✓ We support the [Distance Aware Scheme](#) to help those worried about mixing with others, and who need space and extra care around them
- ✓ We support staff to follow the [latest advice](#) when experiencing symptoms of a respiratory infection, including COVID-19
- ✓ We consider the needs of staff with underlying health conditions and those at higher risk from COVID-19
- ✓ We have [hybrid working arrangements](#) in place

Stay Well

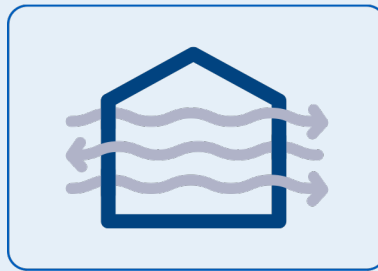
Respiratory infections including COVID-19 can spread more in indoor spaces, so it's important to continue doing the things that help keep us all well.



Self-Assessment Check-List



- ✓ We have an enhanced cleaning routine in place, and practice and facilitate good hand hygiene



- ✓ We have measures to maximise ventilation



- ✓ We support the Distance Aware Scheme to help those worried about mixing with others, and who need space and extra care around them



- ✓ We support staff to follow the latest advice when experiencing symptoms of respiratory infection, including COVID-19



- ✓ We consider the needs of staff with underlying health conditions and those at higher risk from COVID-19



- ✓ We have hybrid working arrangements in place